

# 1.72-fold upregulation of autophagosome-assembly regulator *ragc-1* gene in heat-stressed *Caenorhabditis elegans*

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## Summary

- Does the expression of life span regulating protein *ragc-1* in *C. elegans* change under heat stress?
- *C. elegans* were exposed to heat stress; gene expression of *ragc-1* was analyzed using qRT-PCR.
- There was about 1.72-fold increase in expression of *ragc-1* under heat stress as opposed to under control condition.

## Abstract

Protein aggregation is a potential cause of neurological diseases. Stressors such as heat can cause protein aggregation in the model organisms *C. elegans*. *ragc-1* is a gene conserved in humans that determines adult life span and regulates autophagosome assembly in *C. elegans*. In this study, we heat-stressed *C. elegans* and looked at the changes in *ragc-1* gene expression. Following qRT-PCR of the RNA extracted from control and heat stressed worms, we found that *ragc-1* expression is not significantly impacted by heat stress.

## Introduction

- Previous research shows that the increase of protein aggregation is correlated to aging or diseases like Alzheimer's<sup>1</sup>. However, the causes of protein aggregation are unclear.
- Autophagosome is a structure that can take in protein aggregates and then fuse with a lysosome to degrade the aggregates.
- Cells respond to heat stress via gene expression regulations.
- We used the stress condition, heat, to induce expression level changes to investigate stress response pathways.

We used *C. elegans* to do the experiment because:

- *C. elegans* are easy to feed, grow from eggs to adults in about 2 days, and do not require much space.
- *C. elegans* genome is well documented.



Figure 1. *C. elegans* larva under a microscope. The image (left) was captured at 20x magnification.

*ragc-1*: This gene is conserved in human and other common laboratory model organisms (Fig.2). It is involved in the determination of adult lifespan<sup>2</sup> and the regulation of autophagosome assembly<sup>3</sup>.

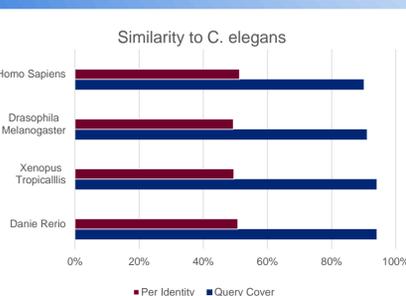


Figure 2. Conservation of protein structure of *C. elegans ragc-1* gene across species. Query Cover represent in percentage how much one species homologous protein is covering *C. elegans' ragc-1* protein. Percent Identity indicates how many amino acids are identical between the homologs of each species and the *C. elegans*.

## Material & Method

### *C. elegans* Stock

LB medium was used to grow *E. coli*  
NGM medium was used to grow *C. elegans*

### RNA Extraction

Materials: *C. elegans*, QIAGEN RNeasy Plus Mini Kit  
Method: All worms were frozen after the heat exposure, then RNeasy Kit protocol was followed for RNA extraction

### Data analysis

Ct number for each gene was normalized against the housekeeping gene *tba-1*. Normalized Ct number,  $\Delta Ct$  was used to generate the gene expression heatmap (Fig. 4A)  
 $2^{-\Delta\Delta Ct}$  method was used to analyze qRT-PCR results (Fig. 4B)  
Statistical significance is determined via unpaired t-test; a fold change of more than 2 with  $p \leq 0.05$  is considered as statistically significant

**Control condition:** Worms were kept at 23°C

**Heat exposure:** Worms were incubated at 33°C for 3 hours

### Homology analysis:

Protein sequences were obtained through NCBI Protein database.  
The percentage numbers were calculated by NCBI protein BLAST.

### qRT-PCR

Materials: Samples from RNA extraction, iTaq Universal SYBR Green One-Step Kit  
Method: iTaq Universal SYBR Green One-Step Kit protocol  
*ragc-1* primers (5'-3')  
Forward primer: TAATGGGACACAAGAGAAGCGG  
Reverse primer: TCTTGTGATTCGGGCCGTG

## Results

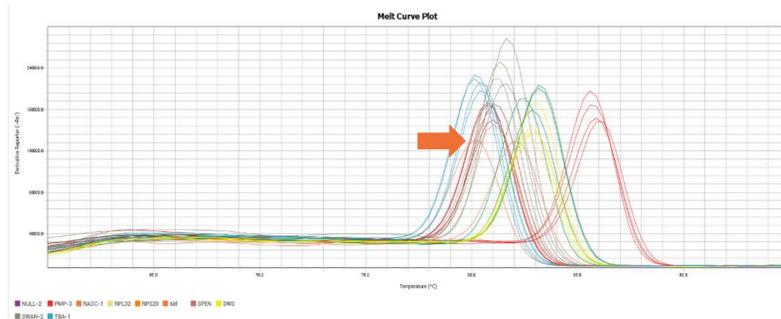


Figure 3. Melt curve for qRT-PCR. Orange peaks indicated by the arrow show melting temperature for the *ragc-1* qRT-PCR product.

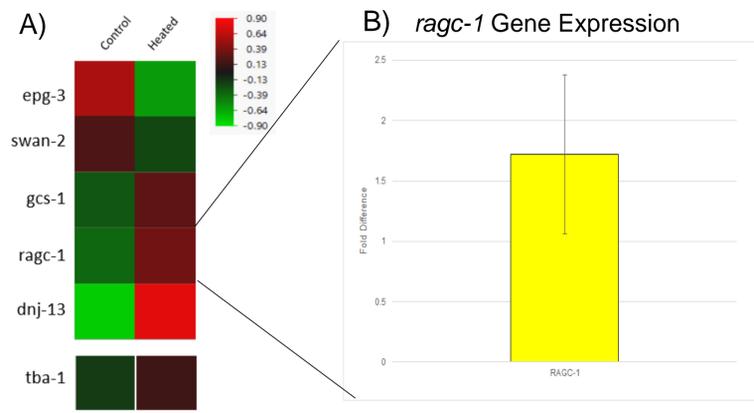


Figure 4. Relative gene expression levels in *C. elegans* under heat stress. A) Quantitative real time PCR results were normalized using the housekeeping gene *tba-1*. This heat map is generated by JMP Pro with the normalized data. Red indicates relative higher expression levels and green indicates relatively lower expression levels. B) *ragc-1* is expressed about 1.72-fold in the heat stress condition compared to the control condition ( $p=0.29$ ).

## Discussion

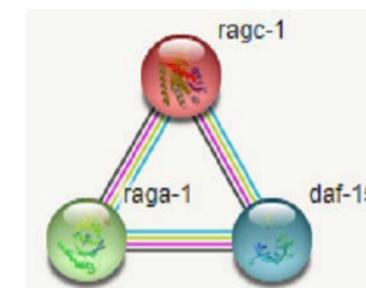


Figure 5. Proteins that interact with *ragc-1* protein. These proteins are co-expressed and related to adult life span. *daf-15* is also involved in autophagosome assembly. *raga-1* plays a role in multicellular organism reproduction. This figure is generated by STRING (<https://string-db.org/>).

- We considered *ragc-1* to be involved in stress response pathways due to its function and interaction with other proteins (Fig. 5).
- About 1.72-fold change on *ragc-1* gene was observed according to the result of qRT-PCR (Fig. 4).
- With a conservative approach, we conclude that *ragc-1* is not statistically significantly upregulated in heat-stressed *C. elegans*.

## Study Limitation

- Individual differences between worms were not taken considered.
- Different gene expression levels in *C. elegans* were not accounted for as RNA samples were extracted from entire plates of worms at different developmental stages.

## Future Direction

- Repeat this experiment with more biological and technical replicates to confirm the results.
- Check the expression level of *ragc-1* in other stress conditions such as hypoxia, oxidative stress, and starvation.
- Quantify stress exposure effects within a specific developmental stage

## References

